

School Counseling vs. Therapy

- A school counselor's primary role is to assist students with school-related issues.
- School counselors DO NOT provide long-term mental health therapy.
- School counselors provide a school counseling program designed to meet the developmental needs of all students.

Confidentiality

- School Counselors develop confidential relationships with students. This means that information gathered through meetings with students and parents/guardians will be shared on a "need-to-know" basis only.
- School Counselors work to maintain the privacy of students and their families. When information needs to be shared, school counselors assess who needs to know and what information needs to be known to best help students and their families.



How to Reach Me

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Belair K-8 STE(A)M School School Counseling Department



**Ms. Danese Holloway
Middle School Counselor**

Greetings

I would like to take this opportunity to introduce myself and share the school counseling services offered at Belair.

My name is Danese Holloway and as a school counselor, I am here to help all students have a positive and productive experience at school. This brochure highlights the key components of a school counseling program.

I am truly excited about this school year and eager to support you and/or your child(ren) in any way that I can.

Warmest regards,

Danese Holloway

Middle School Counselor



Who Are School Counselors?

- School counselors are certified/licensed educators who improve student success for ALL students by implementing a comprehensive school counseling program.
- School counselors are vital members of the education team and help to maximize student success.

Why Schools Need Counselors

- Students learn best when they feel good about themselves and their relationships with others.
- Students who understand their feelings are better able to control their behavior.
- Stress can affect focus and learning, but its impact can be reduced with proven self-regulation strategies.
- Schools, parents, and communities that communicate and collaborate provide the most effective support to children.

What School Counselors Do

School counselors provide direct student services including:

- Classroom guidance lessons
- Individual counseling
- Small group counseling
- Crisis intervention
- Consultation with parents & teachers



School counselors promote and enhance student learning through three developmental areas: academic, career, and personal/social as outlined in the ASCA National Model for School Counseling programs. Much like the school nurse, school counseling services are available to ALL students.